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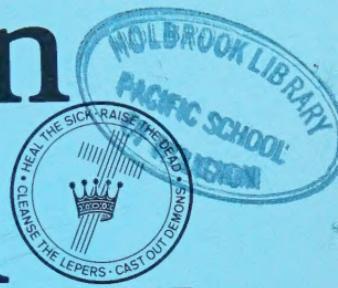
"What I say unto you I say unto all, WATCH."—Jesus

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WHAT ABOUT MIRACLES?

LIFE IS NOT TOO SHORT

THE FANTASY FALLACY



1241 **What about miracles?** William Milford Correll
1245 **Life is *not* too short** Zera Holland Blumenstein
1247 **Angels are for real** Arthur N. Lorig
1250 **Christ, Truth, destroys the works of the devil**
Richard Claude Haw
1252 **Dis-illusionment with evil: a divine incentive** (Poem)
Esther M. Scheck Peterson
1253 **You are not outside the wall** Jenifer Carol Wechsler
1255 **Secure in God** Gay Bryant

EDITORIALS

1259 **The fantasy fallacy**
1262 **Models we can trust**

FOR CHILDREN

1266 **Don't let the static fool you!** Susan M. Schmeltz

TESTIMONIES AND FEATURES

1269 **Testimonies of Christian Science Healing**
1277 **Christian Science Lectures**

[Healing experiences in *Sentinel* articles for children as well as adults are carefully verified.]

Founded in 1898 by Mary Baker Eddy,
Author of the Christian Science Textbook,
Science and Health with Key to the Scriptures



Marca Registrada

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Christian Science Sentinel®

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"What I say unto you I say unto all, WATCH." Jesus

What about miracles?

WILLIAM MILFORD CORRELL

Do you believe in miracles? Do you believe that Jesus brought his body out of the tomb after the crucifixion? Do you believe that he walked on the water? Did he heal as readily and as thoroughly as the Bible says? All these are common questions that engross human attention. What we call miracles have engaged the thought of theologians from the beginning of the Christian era. And they're here and now facing us with the questions of faith and understanding. Can we do the works that Jesus did and follow in his steps, as he commanded?

The materially-minded have scoffed at these demonstrations of spiritual power recorded in the Scriptures. There were scoffers in Jesus' time and they're here today. The question is, What is essential to understand these so-called miracles and to follow the Master's example in healing—at least in a degree? The basic requirement is to be spiritually-minded. We must be willing

to establish our sense of existence in an entirely different frame of reference, to base it on the substance and reality of Spirit rather than on the belief in the reality of matter and material sense evidence. If we do this, the acts of Jesus become natural and expected. They're the outcome of an understanding of the nature of God as infinite Spirit and of man made in His image. We begin to see that there's a scientific basis for Jesus' acts and an understandable law underlying his ability.

But you have to be willing to challenge the supposed reality of matter and to see beyond the evidence of the material senses. This isn't as hard as it may seem. There are many instances where we know that the fact is quite different from the appearance. In Christian Science we let the evidence of Spirit be more real to us than the testimony of the material senses, and it overrides the false testimony of matter.

One may ask, "What is this higher evidence—this different frame of reference brought forth in Christian Science?" This Science unfolds the nature of God as infinite Spirit, as Life, Truth, Love. It teaches that He is the only creator and that man is His expression. The nature of God as absolute good determines that His creation must be good. It must be whole, harmonious, perfect. It must inevitably reflect the nature of the creator. In Genesis we are told that "God saw every thing that he had made, and, behold, it was very good."¹ So we begin to see that evil in all its forms is not the creation of God and that it must therefore be unreal, an impostor, an illusion. Evil rests on the evidence of the senses, on a false sense of creation.

In Christian Science we see that reality rests on a spiritual basis. Since God is the creative Principle of the universe, His law is a spiritual law of health, harmony, and freedom from fear. God's law is much more fundamental and real than the supposed laws of sickness, sin, and death. When understood and applied, the spiritual law and its evidence are far more substantial than the evidence of the material senses. Mary Baker Eddy, the Discoverer and Founder of Christian Science, says, in *Science and Health*, "How can a Christian, having the stronger evidence of Truth which contradicts the evidence of error, think of the latter as real or true, either in the form of sickness or of sin?"²

One can see why Christ Jesus could heal so readily. He was thoroughly convinced of the goodness of God and the naturalness of harmony and health according to the law of God. Disease was false and unreal to him. And he cast it out.

The tendency of the human mind is to try to fit Jesus' demonstrations of divine power into some human mode of reasoning and to explain them according to accepted worldly standards of thought. There are efforts to try to "explain" the feeding of the multitude, the walking on the water, the raising of Lazarus. But we can't wholly conform spiritually impelled events to human reasoning or to human standards of credibility. Such events demand a different base of thought, a new frame of reference. One cannot see Spirit with the material senses or explain infinite Spirit from the standpoint of limited material sense evidence. Spiritual sense alone can understand God and recognize the power of Spirit. This fact comes to the surface in Jesus' teachings again and again. He said to his disciples, "Blessed are the eyes which see the things that ye see."³

Trying to conform the healings of the Bible and the demonstrations of divine power to human concepts is like trying to put God, infinite Spirit, into a human form or a finite body. It's impossible to understand God from this standpoint. It's only through spiritual sense that we can grasp the nature of Spirit and learn to demonstrate God's power in human affairs.

A miracle has been defined as "an event or effect in the physical world beyond or out of the ordinary course of things, deviating from the known laws of nature, or transcending our knowledge of these laws." But seen from a spiritual standpoint, a miracle becomes normal, and so it was with Jesus. In *Science and Health* we read, "The miracle introduces no disorder, but unfolds the primal order, establishing the Science of God's unchangeable law."⁴ It was God's law that Jesus was demonstrating when he healed the sick, cleansed the sinner, and raised the dead.

To demonstrate God's law, we must become accustomed to judging from the standpoint of spiritual sense evidence. We must be willing to refute scientifically the testimony of the mate-

rial senses. As we grow in our understanding of Christian Science, we become aware that our human experience is actually the projection of our thought. It's a subjective thing. For instance, disease is often proved to be fear objectified on the body. It's the presence of divine Love that destroys fear. The prayer that heals is the scientific purification of our thought—a realization of the allness of God. Such prayer brings our thinking and living into harmony with the laws of God.

This fact that experience is subjective is well documented in Jesus' teachings. Throughout the Sermon on the Mount he was pointing to this fact that one's thought determines his experience. Explaining one of his healings, he said, "Go thy way; and as thou hast believed, so be it done unto thee."⁵ At one stage Jesus said: "Have faith in God. For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith."⁶ Why did Jesus use such an extreme example? Surely this would have been a miracle if there ever was one!

All problems, of whatever magnitude, are subordinate to complete trust in God's law of good. Faith is actually based on an understanding of God's law. Remember, Jesus was saying, "Have faith in God." And faith is the ability to see beyond the evidence of the material senses and lay hold of the spiritual fact, the law of God. When we do this with full confidence, extraordinary things can come about. They may seem like miracles, but actually they're natural results of the understanding of God's loving care.

Mrs. Eddy says, "Faith, advanced to spiritual understanding, is the evidence gained from Spirit, which rebukes sin of every kind and establishes the claims of God."⁷ When we know God's law and understand His creation, then we'll judge our lives righteously and be governed by the actual scientific fact of our being—the higher evidence drawn from divine Truth and Love. Human, material evidence will be seen as the flimsy projection of material thought. Harmony, health, and abundance will be understood as natural, not miraculous. All cre-

ation will be seen to be in accord with the nature of God, good.

Do you believe in miracles? I do. Looking beyond matter, I can arrive at a diviner sense of evidence and begin to interpret these extraordinary events in terms of a loving God governing His children according to His law.

¹ Gen. 1:31; ² *Science and Health with Key to the Scriptures*, p. 353; ³ Luke 10:23; ⁴ *Science and Health*, p. 135; ⁵ Matt. 8:13; ⁶ Mark 11:22, 23; ⁷ *Science and Health*, p. 23.

Life is *not* too short

ZERA HOLLAND BLUMENSTEIN

How many of us really believe it is possible to remain on the human scene for over a century and still have keen faculties, our natural vitality? Probably not too many. Yet the Bible tells us, "Moses was an hundred and twenty years old when he died: his eye was not dim, nor his natural force abated."¹

For over a century Christian Science has shown that longevity, vigor, and increased perception are the natural results of Christly living. Yet, while the study and practice of this Science often increase the number of our days, it is not the purpose of Science merely to prolong human life. At best this is a byproduct of coming to understand and demonstrate the truth of man's eternal perfection. One aspect of this truth is that age is a human concept, unknown to divine Mind and therefore to man, Mind's reflection. Mind, which knows only its own pure and spiritual ideas, could not create imperfection. And the concept of age, whether of youth or advancing years, certainly implies a less than ideal man.

Someone may say, "Life is just too short." Or the other very common statement, "You have only one life to live." The Chris-

tian Scientist would not argue with the latter statement. But in Christian Science this living cannot be said to be in matter, determined by human birth, subject to material laws, or destined to end. Science denies that death is a fact, since matter is understood to be a human concept only. God, Spirit, did not create matter; therefore it is not actual.

It is a false, material sense of things that asserts we are formed of dust, that we live in matter, that our days are numbered. But spiritual sense, assuring us that God is our creator, lifts us out of such belief so we can take hold of our true life—a sinless selfhood utterly untouched by matter, reflecting continual good throughout the days of infinity.

Mrs. Eddy says: "The numerals of infinity, called *seven days*, can never be reckoned according to the calendar of time. These days will appear as mortality disappears, and they will reveal eternity, newness of Life, in which all sense of error forever disappears and thought accepts the divine infinite calculus."²

We gain this sense of eternity, of "newness of Life," by dropping the dead weights of mortality that would drag us down, tie us to earth, number our days, and limit our good works. How do we do this? One of the first steps is to stop thinking of ourselves as mortal, stop thinking we are made of matter. And we can stop acting like mortals by abandoning sin.

Mortality, disease, sin, are not of God. God is Spirit—a fact discerned by the prophets and above all by Christ Jesus, who knew this so totally that death could not terrify him. He overcame this ultimate claim of life separated from God. The pure, consecrated life of the master Christian is certainly our example. His complete mastery over sin and death encourages us to reject the hypnotic suggestion that we are helpless victims in a grinding, merciless universe of material laws. It shows us what is possible when we fully reject the belief that man can ever be contaminated by matter or sin. Mrs. Eddy says, "Our Master reappeared to his students,—to their apprehension he rose from the grave,—on the third day of his ascending thought, and so presented to them the certain sense of eternal Life."³

The Apostle Paul preached with vigor and conviction the certainty of eternal life, of life through Christ, independent of the

flesh and its seeming laws. He spread the glad news of Christianity even to the remote corners of the then known world. "If in this life only we have hope in Christ," he wrote, "we are of all men most miserable. But now is Christ risen from the dead, and become the firstfruits of them that slept."⁴

Sin, sorrow, and death must end; it is they that are doomed and not the life of man. Having no true claim to existence, they can have no lasting claim on our thought, and will inevitably be replaced by the joy and strength that come from understanding that Spirit is All. It is possible for us now to know and begin to prove that we live forever in the infinite day of God's creating.

¹ Deut. 34:7; ² *Science and Health*, p. 520; ³ *ibid.*, p. 509; ⁴ I Cor. 15:19, 20.

Angels are for real

ARTHUR N. LORIG

When I was a boy I did not believe in angels. Now—for many years an adult—I do believe in them—strongly, positively. I know they exist. I have encountered them again and again.

Each time one appears, it brings with it a blessing. That is part of their nature and identification, for angels are all good. Mrs. Eddy defines them as "God's thoughts passing to man; spiritual intuitions, pure and perfect; the inspiration of goodness, purity, and immortality, counteracting all evil, sensuality, and mortality."¹ All believers in the one, loving God surely can agree with that definition.

These messengers from God come to all of us. There are no exceptions, because God loves each one of us and shows no partiality. The trouble is, many people do not recognize angels. Thinking back, I realize I had experienced their coming long

before I knew what they were. Sometimes I obeyed them, but too often I would ignore them as unimportant or irrelevant thoughts. To be sure to profit by these messages, one should know their nature and be alert to recognize their source as God. Spiritualized thought enables us to perceive and act on these spiritual intuitions.

During a Wednesday evening testimony meeting in a Church of Christ, Scientist, the congregation was repeating the Lord's Prayer. When we came to the request "And forgive us our debts, as we forgive our debtors,"² that sentence, and that alone, came at me with such force that I was startled and bewildered and could not continue the prayer. It was as though Jeremiah's prophecy had come to pass that "the Lord shall roar from on high, and utter his voice from his holy habitation."³ I reasoned that this was a message to me from God; but what did it mean?

When I returned home, I pondered this event. Two people were indebted to me: a student who had owed me money for over a year and had steadily avoided paying me, and a young woman who had damaged my car slightly and also had refused to pay. In review, I saw that I had unconsciously built up a slight resentment toward each. And that was wrong thinking.

I knew these individuals were children of God—spiritual, reflecting His attributes, and deserving of love. In a very brief time, inspired by that incident in church, I had changed to the point that the resentment was replaced by love, and I determined to forgive the amounts owed. With that came relief and peace.

The very next morning the student—a smile on his face and the money in his hand—appeared at the door of a classroom I was using. He seemed very happy to pay me. That evening the father of the young woman told me she had not realized the importance of paying for the car damage. He asked that I send him the bill, and he said he would pay it. I felt humbly grateful to God because I had been alerted to what needed correcting in my thought.

That message was somewhat exceptional because it came so vehemently. More commonly, an angel thought may be a quiet impartation from God. One must not only recognize such

promptings but act upon them. In this way God guides us. Throughout biblical history we find accounts of God communicating with spiritually-minded individuals. Moses and Elijah and others were frequent recipients of such guidance. We may ask God for direction through prayer, but He is constantly giving all good, whether or not we have recognized it. "And it shall come to pass, that before they call, I will answer; and while they are yet speaking, I will hear."⁴

Possibly the best assurance of the importance of angelic thoughts is their prominence in the life of Christ Jesus. Mary and Joseph both were advised by angels beforehand of Jesus' coming. And Joseph was told to take him as a babe to Egypt for protection from Herod. Joseph was also informed when it was safe to bring the boy back to Israel. While Jesus was contemplating his approaching crucifixion, "there appeared an angel unto him from heaven, strengthening him."⁵ And when one of his disciples thought to prevent his seizure at the time of his betrayal, he said, "Thinkest thou that I cannot now pray to my Father, and he shall presently give me more than twelve legions of angels?"⁶

No one should hesitate to seek help directly from God when a need arises. Christian Science shows us that usually a correction of outlook is required, and turning our thoughts Spiritward brings the necessary inspiration. Or the difficulty itself may be a catalyst in producing a change in the picture. As Mrs. Eddy states, "The very circumstance, which your suffering sense deems wrathful and afflictive, Love can make an angel entertained unawares."⁷

So we can rejoice that real angels are always available. Recognizing their source in God, we can gratefully respond to them.

¹ *Science and Health*, p. 581; ² Matt. 6:12; ³ Jer. 25:30; ⁴ Isa. 65:24; ⁵ Luke 22:43;

⁶ Matt. 26:53; ⁷ *Science and Health*, p. 574.

Christ, Truth, destroys the works of the devil

RICHARD CLAUDE HAW

Is the old theological concept of a personalized devil losing credence? Rampant belief in evil abroad in the world today is tending to resuscitate this false concept. A number of Christian churches still accept Satan's existence, and one of the largest adheres to this belief as a central tenet of faith. Today we even find a few cults that worship Satan.

The master Christian, Christ Jesus, described the devil, Satan, as a liar and a deceiver, without any element of truth (see John 8:44). He pointed to carnal-mindedness, or wrong thinking, as the author of evil when he said: "There is nothing from without a man, that entering into him can defile him For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders, thefts, covetousness, wickedness, deceit, lasciviousness, an evil eye, blasphemy, pride, foolishness: all these evil things come from within, and defile the man."¹

Some people still believe God is responsible for sending or allowing evil, but this is not so. God sent His Son, Christ Jesus, "that he might destroy the works of the devil,"² and Jesus came to do God's will. In biblical times, as today, this truth was not generally understood, and people tended to vest Deity with human characteristics. Evil, they reasoned, appeared as a phenomenon, and limited logic might imply that God is responsible for it because He created everything.

But through inspired reasoning—reasoning from the basis of perfect spiritual cause to perfect spiritual effect, whereby one attains the understanding that destroys evil—Christian Science shows that because God is good and is infinite there is neither place nor power left over for a devil or evil. The Bible tells us of God's perfection: "He is the Rock, his work is perfect: for all his

ways are judgment: a God of truth and without iniquity, just and right is he." The very next verse points to wrong thinking as evil's origin: "They have corrupted themselves, their spot is not the spot of his children: they are a perverse and crooked generation."³

Mrs. Eddy, who discovered Christian Science, gives a clear definition of "devil" in the Glossary of *Science and Health*. It reads in part: "Evil; a lie; error; neither corporeality nor mind; the opposite of Truth; a belief in sin, sickness, and death; animal magnetism or hypnotism."⁴ Christian Science equates evil with mortal mind, or the biblical "carnal mind," antagonistic to Spirit. This "mind" is a state of ignorance of God, infinite good. If God is infinite good, and is Spirit—and He is—this leaves no place for evil except as a negation. It also leaves no place for matter. Without the belief in matter, evil could not be manifested.

Actually, evil, or devil, is a projection of a false consciousness, a suppositional lie. Science shows matter to be the subjective state of mortal mind and proves these propositions in demonstration, through healing degradation, ill health, and all manner of evil.

If everyone in the world stopped thinking evil thoughts at a given moment, there would be no evil expressed or acted out. This could only be done through spiritual awakening—not by willing ourselves to refrain from thinking or expressing evil but by understanding our Father-Mother God's allness, goodness, and omnipotence. The remedy lies in spiritual regeneration, in the Christianization of thought and living that reveals the true status of man as God's image. The real man is not made after Adam's likeness, born of the sins of the flesh, but is the reflection of God. He is spiritual, pure, immortal, and his real character and identity are found through a proper understanding of God, who created him.

We cannot know man rightly through material human beliefs. We can know man only through spiritual perception, achieved through prayer and purification of thought. This perception of Truth heals. Christian Science reveals God as the sole cause and creator of the universe and man, as the only power.

God is infinite Spirit, Soul, Mind, Life, Truth, Love—the divine Principle of all. The real man must therefore be formed by his creator, and inasmuch as God is perfect, man must reflect perfection. No devilish suggestion was ever part of the real man.

Prayerful understanding of these truths gives us the divine authority and power of Christ, Truth, with which to reject and destroy evil, whatever its manifestation. We know that its presentations are false states, having no Principle, power, or substance (except as false belief, which is powerless). We can exercise the same redemptive, healing power to heal the sick and cast out devils that Christ Jesus urged upon his followers.

¹ Mark 7:15, 21-23; ² I John 3:8; ³ Deut. 32:4, 5; ⁴ *Science and Health*, p. 584.

Dis-illusionment with evil: a divine incentive

A friend once asked me
somewhat quizzically,
“Are you *illusioned*?”
and I replied to this
rather unusual quiz,
“Aren’t we all—
as mortals, that is?”

The Christly man,
never having strayed
from the Father’s grace,
needs no disillusioning—
this man was never *illusioned*
in the first place!

ESTHER M. SCHECK PETERSON

You are not outside the wall

JENIFER CAROL WECHSLER

A wall implies division—someone in, someone out. The Apostle Paul speaks of Christ Jesus as having “broken down the middle wall of partition.”¹

In this biblical citation Paul was actually referring to the Jewish temple, in which the inner court, open only to Jews, was divided by a wall from the outer court, to which Gentile visitors might be admitted. Isn’t there a parallel here to our many other modes of divided thinking? Human thought tends to categorize people and then to divide the haves from the have-nots, the educated from the illiterate, the old from the young, the sick from the healthy—the list seems endless.

How do we break down these walls? Christian Science shows us that there actually is no wall. When it becomes apparent to spiritually inspired thought that God, the creator of all, is One and that He made one spiritual, perfect creation, we realize there is no place for divisive thinkers or divisive thinking of any kind.

Christ Jesus often expounded on the healing and regenerative power derived from expressing divine Love. He selected two great commandments, which encompass all right thinking and doing: “Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind” and “Thou shalt love thy neighbour as thyself.”² Do we?

The Master spoke, too, of the need to unlimit love in his statement, “If ye love them which love you, what thank have ye? for sinners also love those that love them.”³

Hostility can only be based on material, mortal thinking; therefore it has no foundation in divine Truth and Love. When we encounter suggestions of hostility, we can remember that

God created everything "very good." This spiritual fact is unchanged! It doesn't matter on which side of the wall we think we stand—the same Truth prevails. God, divine Love, provides only good for His creation, and there's only one creation.

As we begin to comprehend, too, our inseparability from Love, we can see the absolute impossibility of any reality to the belief of division. We can love the "unlovable," even when we seem to be unlovable! We can refuse to acknowledge two kinds of man, one spiritual, one material, and stick to our commitment to worship one God, one creator, knowing His good creation as the only reality.

This practical truth is applicable in an infinite variety of "wall" situations. Consider our daily home relations, school, church, and social situations, job challenges. We can resist and heal claims of division in all these areas on the basis of man's spirituality and his undivided relationship with his creator. The necessity of putting off mortal thought and accepting only right ideas originating in Mind, divine Love, is apparent.

It is not enough to talk about this activity. We need to practice what we preach in order to advance spiritually toward freedom from all limitation. Our Leader, Mrs. Eddy, writes, "Consistency is seen in example more than in precept."⁴

It is evident that great change is taking place on the human scene, and we can be assured that moral and spiritual progress is taking place. Mrs. Eddy notes, "The breaking up of material beliefs may seem to be famine and pestilence, want and woe, sin, sickness, and death, which assume new phases until their nothingness appears."⁵

Christian Science provides the opportunity to be in the forefront of spiritual progress. It gives us insight into the need and potential for individual growth. We must finally be willing to remove that wall of partition in our consciousness and see "all true being one with Thee."⁶ We need to destroy all claims that God, good, is separate from His goodness or that man can be separated from his loving Father, God.

¹ Eph. 2:14; ² Matt. 22:37, 39; ³ Luke 6:32; ⁴ *Science and Health*, p. 354; ⁵ *ibid.*, p. 96; ⁶ *Christian Science Hymnal*, No. 175.

Secure in God

GAY BRYANT

I was browsing through our home file on insurance. Suddenly I was confronted with the question in big, bold letters, "Are you living dangerously?" It was on a pamphlet that depicted a worried man walking unsteadily on a tightrope, balancing himself with a deflated moneybag and an inflated bill bag. The inside pages claimed that illness, inflation, unemployment, could hit at any time and that the best way to protect oneself was to take out insurance coverage with the said company. Only then, it was claimed, would one enjoy peace of mind and a secure future. This depressing picture was something I resisted and challenged right away.

The pamphlet would have one believe that circumstances are beyond the control of average people as they walk a shaky tightrope of daily living. This was nothing but sales talk, and I wasn't going to be duped into accepting it as the norm for myself or anyone else.

Insurance can be a wise and practical investment and is sometimes required by law. But sure protection from evil in all its forms rests on a spiritual basis. Christ Jesus pointed up the difference between paying our spiritual and our human dues when he said, "Render to Cæsar the things that are Cæsar's, and to God the things that are God's."¹

Peace of mind and a secure future are far too precious to be put merely in the care of a commercial enterprise. They deserve the full cover of the Divine. We need to be assured of our safety in God.

Christian Science reveals that in reality we are God's children, and so we always have been and forever will be, enveloped, satisfied, and secure in the Love that is God. But how can we dem-

onstrate this truth now? By drawing near to God; by filling our thought with the absolute truth of being, with the conviction of the total perfection of God and His spiritual creation, and thereby feeling the presence of God's peace right where we are. "Draw nigh to God, and he will draw nigh to you,"² the Bible counsels.

In *Science and Health* in a chapter entitled "Some Objections Answered" Mrs. Eddy puts forward a truth that is fundamental to Christian Science and therefore to our assurance of security in God. She writes: "In Christian Science, substance is understood to be Spirit, while the opponents of Christian Science believe substance to be matter. They think of matter as something and almost the only thing, and of the things which pertain to Spirit as next to nothing, or as very far removed from daily experience. Christian Science takes exactly the opposite view."³

Spirit, being within and without all that exists, is All-in-all. *Science and Health* states, "God is at once the centre and circumference of being."⁴ Therefore man is, must be, included in the kingdom of God. In this kingdom there is no insurance, for there is nothing to be insured against. All is cherished by God, who created all. Love loves its own ideas. Home, family, life, are in and of God.

Peace and joy are natural qualities of man, for the kingdom of heaven must also be the kingdom of Mind. God's decisions are never wrong; His ideas are right ideas. Man cannot help expressing God's serenity and joy, which are all around him and constitute his very being.

That which we call our future is in divine Science a continuous unfoldment of good, an adventure in Truth and Love, where we as God's expressions are active participants and can never be party to anything but good. In God our "future" is already secure because His expressions can never be separated from Him. Wherever omnipresent Mind is, we are.

Is not this what Jesus was referring to when he spoke of the kingdom of God as being at hand? As we mentally embrace the kingdom of Spirit, we will see it embraces us as God's children. And seeing this, we have the right to expect good to be the norm for us in present living. This is not just positive thinking or mind

control. It's intelligent, Christian prayer, which actively recognizes the kingdom of heaven as present and therefore demonstrable now.

Young children respond naturally to the truth of God's ever-presence. My own four-year-old, who had never swum without the aid of armbands, showed his trust in God when out of his depth in a swimming pool without the bands. Suddenly excited by the arrival of friends, he decided to throw off the armbands and plunge into the deep water. I was unable to reach him and saw him sinking lower and lower in the water. With only the top of his head showing but still swimming, he reached the steps and jubilantly told me not to worry because, in his words, "God was holding me up!"

The best treasure we can have is trust in and an understanding of God. Radical reliance upon Him for all our needs can never endanger but only bless. And everyone can experience the confidence and assurance that come from such trust.

I felt very much in need of this assurance when expecting my first baby. I was unconvinced that the usual human measures—medical checks, immunization, and the like—could provide security for my child or myself, and I longed for a higher security. What I needed was a firmer faith in God. I wondered what Jesus might have said to one like myself. His words in Matthew gave me my answer: "Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you."⁵ I would never find God by worrying about His existence; my need was to seek Him earnestly. What better way to commence than by reading *Science and Health*? I knew this book of old, but for the first time in my life I was prepared to read it objectively. When I finished, I was left with the overriding conviction that I could never find security in the material. Real security is in Spirit, in the understanding of God, the Father-Mother of us all.

In taking the stand to place my child and myself in God's hands and to rely radically for all our needs on His law as revealed in Christian Science, I realized this was not something that could be undertaken lightly; it demanded my rededication to the Christ, Truth. I had to walk to the best of my ability in

the way Christ Jesus had taught. This was the premium I must pay, but I knew the returns would be great.

I learned that the more devotion we give to God, the more opportunity we have to do His work, including church work. Commencing the day with an acknowledgment that there is always time for good lifted the restrictions of time, and I found I was able to accomplish whatever God demanded of me. I was able to enjoy a little more of His kingdom at hand.

These words of Jesus meant much to me: "Lay up for yourselves treasures in heaven . . . : for where your treasure is, there will your heart be also."⁶

A great turnabout had occurred in my thinking, and from that time my family has been richly blessed.

It is true to say that in some cases of human insurance we get back what we put in. Likewise the love and trust and service we give to God do not go unrewarded. But if we are to reap the full benefit of His protection, we must give God priority in all things. To unleash the spiritual bounty of God's unlimited goodness, we must be consistent in obeying Him, never fearing to depend upon the supremacy of Spirit. This alone can give us peace of mind and a truly secure future.

¹ Mark 12:17; ² James 4:8; ³ *Science and Health*, pp. 349-350; ⁴ *ibid.*, pp. 203-204;
⁵ Matt. 7:7; ⁶ 6:20, 21.

Do we get rid of our troubles by analyzing them? An article in next week's *Sentinel* says that what we need is a "glimpse of the present, unvarying perfection of God and man."

Next
week
in the
Sentinel



GEOFFREY J. BARRATT
Editor

NAOMI PRICE
Associate Editor

NATHAN A. TALBOT
Associate Editor

The fantasy fallacy

What a marvel to begin realizing there is only one true consciousness! And that consciousness is Mind, God. In God's allness there is no whim. There is no hazy drifting. All ideas in the realm of Mind are pure and exact. What God knows—and that includes all—is genuine fact. There is no fiction in the presence of divine consciousness.

Man represents Mind. He does not represent a dreamy, changing state of thought. He expresses the clear, undistracted nature of his source. He does not wish and want. He has. The human mind is a misconception of the only Mind that actually exists. Mind is one and is complete. Man gives individual evidence of this truth. The human mind would pervert this truth. It would define existence as a mixture of good and bad—truth and error. Its counterfeit nature includes the inclination to fantasize. Divine Mind maintains eternal spiritual facts. The human mind tends to drift into fantasy because its very roots are in dreams rather than in Truth. Undisciplined thought wanders in the maze of material beliefs.

Some current theories encourage what is thought to be harmless fantasizing about other people. Christ Jesus thoroughly squelched the legitimacy of adulterating the lives of others—especially in thought. His words held far broader implications than an obvious moral point when he stated, "Ye have heard that it was said by them of old time, Thou shalt not commit adultery: but I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart."¹ Couldn't we take the spirit of his admonition as a challenge to the whole concept of picturing and

daydreaming or fantasizing over personality? Material sense would dwell on person. Spiritual sense drinks in the joy and purity of Soul. These senses—the only valid senses—find satisfaction and completeness through spirituality, never through material personality.

Spiritual sense is receptive to good. It is expressive of good. Writing of the fallacy of mortal existence itself, Mary Baker Eddy observes: "Material sense lifts its voice with the arrogance of reality and says:

"I am wholly dishonest, and no man knoweth it. I can cheat, lie, commit adultery, rob, murder, and I elude detection by smooth-tongued villainy. . . . But a touch, an accident, the law of God, may at any moment annihilate my peace, for all my fancied joys are fatal."²

But what about fantasies that seem unselfish—even noble ventures perhaps? Is it really so bad to imagine the fulfillment of some of the desires and goals we have in life? Isn't it really a question of whether anything is ever actually won by dwelling excessively on mortal anticipations? True completeness is earned by turning to God—by conforming to the oneness of Mind.

Lasting joy will never grow out of the kind of substance found in fantasy. True wholeness is found in the transformation of thought that comes from turning to Christ. The prayer that prepares us to receive the restorative and fulfilling nature of the Christ is not made of drifting dreams. The Christ reveals reality here. It brings to light the truth of being now. It feeds us with genuine substance—immediately.

Daydreaming temporarily covers up our hunger for spirituality and leaves us unnourished. The prophet's graphic description of those who besieged Jerusalem might be borrowed to describe the human mind's ultimate failure to gain fulfillment or completeness through fantasy: "It shall even be as when an hungry man dreameth, and, behold, he eateth; but he awaketh, and his soul is empty: or as when a thirsty man dreameth, and, behold, he drinketh; but he awaketh, and, behold, he is faint, and his soul hath appetite."³

While Soul brings satisfaction, material sense—sooner or

later—has a very empty ending to its stories. What, then, can we ponder and observe? The good, available for us to know, is absolutely limitless. We can look at what we have here, now. We can see through the material appearances by exercising our spiritual discernment. Underlying the right and good in human experience is spiritual fact. Our work is to more effectively recognize and understand these spiritual truths of being. We can turn away from the emphasis fantasizing would place on observing personality—our own or another's—and see true spiritual identity. Speaking of one of her publications, Mrs. Eddy explains, "The knowledge that I have gleaned from its fruitage is, that intensely contemplating personality impedes spiritual growth . . ." And she goes on, "A material human likeness is the antipode of man in the image and likeness of God. Hence, a finite person is not the model for a metaphysician. I earnestly advise all Christian Scientists to remove from their observation or study the personal sense of any one, and not to dwell in thought upon their own or others' corporeality, either as good or evil."⁴

It is a fallacy to lean on the fantasies of material sense. All the fulfilling joys that we will ever need are at hand. They are found through the wide-awake and alert acceptance of God's allness. We find our satisfaction right here, within the beauty and adventure of divine reality.

NATHAN A. TALBOT

¹ Matt. 5:27, 28; ² *Science and Health with Key to the Scriptures*, p. 252; ³ Isa. 29:8; ⁴ *Miscellaneous Writings*, pp. 308-309.

Models we can trust

Dissatisfaction with life often arises from having cherished wrong ideals and untrustworthy models. When we measure our attainments against standards we have set for ourselves and we see a shortfall, we may be unhappy and feel we have failed. But have we really? Perhaps the criteria we accepted were not the right ones in the first place. Perhaps the models we held in thought were unrealistic, our goals impossible to attain. We should have been aiming for different targets all along.

Mrs. Eddy indicates that not only individuals but whole nations and generations of mortals are affected by their ideals and what they hold in thought as the ultimate good they hope to attain. In her sermon *The People's Idea of God* she writes, "Periods and peoples are characterized by their highest or their lowest ideals, by their God and their devil."¹ It is vitally important, then, for us to be correctly informed as to the nature of Truth and error, and to be well guided in setting up true standards and in selecting high ideals.

Childhood and adolescence in particular are periods of searching for ideals and targets. As though let loose in a theatrical clothing store, young people try for size and style all kinds of different mental outfits. They lightheartedly put on, as it were, the uniform of a three-star general instead of the garb and makeup of a clown, and momentarily think of themselves as winning national acclaim in combat.

But people seldom take seriously children's temporary emulation of generals or even of astronauts, athletes, and bus drivers. They know that tomorrow these models will probably have been exchanged for those of marine explorers, police detectives, or classical guitarists.

More serious are the effects on impressionable individuals of what is mediocre in paperback fiction and the merely sentimental drama of stage and screen. Today these are paraded before teen-age and adult audiences in alarming profusion, providing distorted models that appeal mainly to emotions and the physical senses. The influence of these frivolous characters is often

particularly insidious, since they appear to be quite ordinary people living ordinary lives. Many onlookers find it easy to identify with them and to accept their fictitious standards and behavior as normal.

In *Science and Health* Mrs. Eddy warns against such mythical examples. "It is the tangled barbarisms of learning which we deplore,—the mere dogma, the speculative theory, the nauseous fiction," she writes. "Novels, remarkable only for their exaggerated pictures, impossible ideals, and specimens of depravity, fill our young readers with wrong tastes and sentiments."² And on another page our Leader says: "We must form perfect models in thought and look at them continually, or we shall never carve them out in grand and noble lives. Let unselfishness, goodness, mercy, justice, health, holiness, love—the kingdom of heaven—reign within us, and sin, disease, and death will diminish until they finally disappear."³

The forming of "perfect models in thought" should be a daily occupation for the truly ambitious—and that must mean everyone, for surely all are, in fact, ambitious to enjoy "grand and noble lives"—lives expressing more and more of the one Life, God, unimpeachable, perfect, and eternal. This is the only way in which permanent happiness can be secured. And in order to form in thought these perfect models we are wise constantly to turn away from sentimental fiction to the reality of spiritual being.

This reality is revealed most perfectly through the Bible and Christian Science. It is natural, therefore, to want to devote ample time and thought to study of the Scriptures and of the textbook of Christian Science, *Science and Health* by Mrs. Eddy, which explains them. We might calculate that we should spend at least as much time (or more) on this study as we spend imbibing the "exaggerated pictures, impossible ideals, and specimens of depravity" that are frequently paraded before us through print, picture, and sound, both in the home and out of it.

The Bible, despite its antiquity, can be a guidebook to successful present-day living. Basic longings of the human mind have not greatly changed. To have a happy home and be a good par-

ent; to be successful in one's lifework, helpful to the community, respected and loved—in incomparably inspiring terms and examples the Old and New Testaments describe the experiences of men and women who have in some measure attained these goals. They had faith in God and often through mighty struggles with devilish suggestions won their way to the expression of God-given dominion and fulfillment.

We can learn valuable lessons from such Bible characters as Abraham and Sarah, Rebekah and Isaac, Ruth and Boaz, Joseph, Moses, Elijah, and many more. In some respects each one can teach us grand lessons in how to lead nobler, happier lives. Above all, Christ Jesus, who provided the fullest and highest example of true being—the ideal model for all to follow.

In these grand luminaries of the past we find examples of lessons learned and goals attained. Faithfully following in their footsteps insofar as they demonstrated the Christ, Truth, in their lives, we are assured of carving for ourselves "grand and noble lives" that will not end in disappointment but fulfill our highest hopes and desires. Nothing short of "the prize of the high calling of God in Christ Jesus"⁴ is good enough for anyone. In truth we are all eternally children of God, and the kingdom of heaven is our home. With Christ Jesus as our model we can prove it.

NAOMI PRICE

¹ *Peo.*, pp. 6-7; ² *Science and Health*, p. 195; ³ *ibid.*, p. 248; ⁴ *Phil.* 3:14.

*How excellent is thy lovingkindness, O God!
therefore the children of men
put their trust under the shadow of thy wings.
They shall be abundantly satisfied
with the fatness of thy house;
and thou shalt make them drink
of the river of thy pleasures.
For with thee is the fountain of life:
in thy light shall we see light.*

Psalms 36:7-9

THE SATISFACTION OF SHARING THE SENTINEL

Helping others discover the *Christian Science Sentinel* often brings the most grateful response. Recently some readers related these experiences to us:

"When I tell my Sunday School pupils of a special article, if a child does not have access to it I give him a copy. In this way the *Sentinel* finds its way into the home. Over a year ago the mother of one of these children started attending church services, and continued until the family was transferred to another state. I give the *Sentinel* full credit for this. In less than a month this mother wrote that her little girl was enrolled in another Christian Science Sunday School and very happy."

"A neighbor told me of her desperation and attempts to take her own life. Not ten minutes before, I had started reading the *Sentinel* with an article entitled 'Science Not Suicide.' We talked about the truths of God and man, and then I gave her the *Sentinel*. Since this first visit she has come back every week. While her small daughter plays with my girls, we read *Science and Health* and talk. The family problems which seemed overpowering are now being viewed in a different light. This dear friend is beginning to climb upward in her understanding of God."

"After receiving a renewal notice on a gift subscription to a friend, I wrote asking if I might renew her *Sentinel* for another six months. She wrote back that she is receiving help from reading the articles and wishes to take care of the subscription herself."

Things like these happen when the *Sentinel* is thoughtfully shared. Perhaps there is someone you think would be helped by what you've read. Or you might know a friend who would appreciate a gift subscription. You can arrange it at a nearby Christian Science Reading Room, or write

The Christian Science Publishing Society
Box 125, Astor Station, Boston, MA, U.S.A. 02123.



2nd
Grade
Period

Don't let the static fool you!

Susan M. Schmeltz

Andy's mom stopped the car for a red light. Suddenly seven-year-old Andy noticed the gentle FM music on the car radio was gone, replaced by a noisy jumble of sounds.

"Mom, maybe you'd better twist the dial to get the station again. This new station sounds awful."

His mother smiled over at Andy. "Don't let the static fool you. That's not another radio station—just noisy static from another car's engine, interfering with this station's broadcast."

Andy was puzzled. "How do you get rid of the static?"

The light turned green, and Mom proceeded to drive toward home. Just as suddenly as it had appeared, the static vanished!

"You see, Andy," Mom said, "I knew the static didn't have any radio station sending it or any power to stop the real station's broadcast. Instead of chasing up and down the dial looking for a lost signal, I stayed tuned to the station."

When they got home Andy went out to play with his friend, Todd, and when he came back in he tried not to let his unhappiness show. But while Mom fixed him a snack of milk and cookies he decided to tell her.

"Todd won't play fair. At first he's nice, but then he starts acting mean to me. I don't want to play with him anymore."

"Andy, do you remember how we fixed the static on the radio today?" Mom asked.

"Sure," Andy answered and nibbled on a cookie. He didn't see what static had to do with Todd.

"Can you tell me what we learned from that?"

Andy was quiet, and wondered what she was getting at.

"Don't you think when you and Todd are playing happily together that's like the music we enjoyed on the car radio?" Mom asked. "When things work together nicely, isn't that harmony?"

Now Andy understood what Mom meant. "I see! Wrong thoughts are static. Whenever Todd is being mean to me and I am mad at him, it's static."

"That's it! Right thoughts, harmonious thoughts from God, tell you that Todd is God's loving child. Then where do the wrong thoughts come from and how do you get rid of them?"

All at once Andy remembered something he had learned in the Christian Science Sunday School he attended.

"I know, Mom. My Sunday School teacher told us God is the only Mind.* He only knows what's good and loving. So that's what we know, too. We can say that God is like a radio station—the *only* station. He's sending out only good thoughts. So wrong, unhappy thoughts are just 'static.' And 'static' doesn't have any power because it doesn't have any station to send it."

Andy hurried to put his glass on the kitchen counter. He'd decided he did want to play with Todd after all. He knew God was sending His good thoughts to Todd too. And Andy decided the next time "static" seemed to interrupt God's thoughts and make trouble, he wouldn't let himself be fooled. He would just go on listening to God!

* Editors' note: Mrs. Eddy writes (*Science and Health*, p. 469), "There can be but one Mind, because there is but one God . . ."



Testimonies of Christian Science Healing

[Original in German]

I have had a wonderful healing solely by reading *Science and Health with Key to the Scriptures* by Mary Baker Eddy. At the time of my healing I had known Christian Science barely a year. For fifteen years I had struggled with a severe sight disorder, from which no eye doctor was able to free me. I was told time and again that this was an eye trouble that was inherited and incurable. I had to wear various complicated eyeglasses in alternation, and the condition held me in such bondage that I was filled with the fear of losing my eyesight someday. I didn't dare to read anything, and my only thought was of having to save my eyes.

When *Science and Health* was loaned to me, I forgot to take my eyes into consideration because I wanted to learn about everything in the book in the shortest possible time before I had to return it. During this assiduous reading I suddenly discovered that I could see more clearly than ever before. Since I felt unable to part with the book, and since at that time the book was not yet for sale in our area, I began to copy it page by page. I had come to page 134 when, completely unexpectedly, I was able to acquire my own copy of *Science and Health*. That I was spared the work of further copying was to me another proof of divine Love's tender care.

I was able to discard all my eyeglasses when I realized matter cannot dictate laws to me. God is the only lawgiver, and He is

The statements made in these testimonies with regard to healings have been carefully verified. The original testimonies and their respective verifications are on file for reference with The Christian Science Publishing Society.—THE EDITORS.

good. I found that the state of my seeing was the outward state of my inner thoughts. I am unspeakably grateful to our beloved Leader, Mary Baker Eddy, for unveiling the light of Truth to the world. My gratitude for Christian Science is so great that the most beautiful words cannot fully express it. Only deeds can prove what I feel within. Therefore I constantly endeavor to go higher in the straight and narrow way of Truth, and to grow in spiritual understanding, so as to become a blessing and a light to those who are still living in the darkness of ignorance.

From the bottom of my heart, I thank our greatest demonstrator, Christ Jesus, and I give the glory to our all-loving Father-Mother God alone! I am also deeply grateful for my membership in The Mother Church.

(Mrs.) GERTRUD TESSKY
West Berlin, Germany



Two summers ago my wife, our son, and I were shown wonderfully clear evidence of divine Mind's protection in a situation that might have had grave consequences. This instance made me realize, too, that since my days in Christian Science Sunday School, almost fifty years ago, there have been many occasions when I have been blessed with God's guidance and protection. I had six and a half years of Army service, and emerged unharmed from three crashed aircraft. There must have been countless other occasions when, protected, I was even unaware of any danger. On the occasion I wish to relate here, I am glad I was able to see the danger, lest I take protection too much for granted and fail to express my gratitude for it.

On Sunday, August 22, 1976, at 8 a.m., we set sail in our yacht from the southeast coast of Corsica, in the Mediterranean. (There was no Christian Science church service in that island for us to attend!) We were bound for the island of Elba, a distance of about one hundred miles in a direction due northeast.

At 11:05, for no significant nautical reason, I suddenly changed my mind as to the exact port to make for, and altered course by turning twenty degrees to the north.

At 12:25 there was a slight change of wind, and it became easier to head for the first port, so I changed course back again. During this eighty minutes we had moved about two miles to the north of our original course.

The weather was very cloudy, and at 13:20 we suddenly noticed, two or three miles to our south, an intense, black, funnel-shaped cloud had developed from the surface of the sea to the cloud base; in other words, a waterspout, tornado, or twister. We could see the sea around it "smoking" furiously, as thousands of tons of water were being sucked up to the sky, some to fall back listlessly, and the rest seemingly to be swept away.

There was urgent need for prayer and practical steps to be taken. The first thought that came to me was that man is always in his right place. I knew that no harm could touch us, because we were in Mind's protection. I held on to this thought whilst we quickly took the sails down, lashed everything on deck, and I secured myself firmly to the cockpit whilst my wife and son went below, battening everything down. This took several minutes, and we continued on our way under engine power. One doesn't know which way a waterspout is going to move, but the constant thought of our being in our right place gave me calm and strength.

I began to sing Hymn No. 64 from the *Christian Science Hymnal*. The first verse reads:

From sense to Soul my pathway lies before me,
From mist and shadow into Truth's clear day;
The dawn of all things real is breaking o'er me,
My heart is singing: I have found the way.

I don't remember how many times I went through the hymn, nor first when tears of joy streamed down my cheeks. No surer course was ever laid by any navigator, nor voyage so joyful as the one described in the inspiringly beautiful words of the hymn.

I gratefully realized that our eighty-minute diversion I was led to take earlier had saved us from being caught in the waterspout; and later, when things had calmed down, I was able to check it by calculation from the ship's log.

From the log I also realized that during the time I was calculat-

ing the course alteration at 11:05, the Christian Science church service we attend in Majorca was just beginning, and many other branch Churches of Christ, Scientist, in Europe were commencing services at 11 a.m. The Bible Lesson subject for the week was "Mind." Then eighty minutes later, with allowance for the one hour's time difference, the British branch churches would have been about at the point in the Lesson-Sermon where this reference was read (*Science and Health*, p. 209): "The world would collapse without Mind, without the intelligence which holds the winds in its grasp."

I had read these words by Mrs. Eddy before setting off that morning, and throughout the week, but I hadn't until then realized how they covered our need, and how we were to prove them.

At the beginning of the summer sailing season, I had stuck a piece of tape on the edge of a shelf in my cabin, printed with the words from *Science and Health* (p. 67), ". . . nautical science is not equal to the Science of Mind."

How much we feel those words are justified, and how immeasurably grateful I am for these and every single word our Leader, Mrs. Eddy, has ever spoken or written to give to the world this revelation, which is Christian Science!

R. GEOFFREY D. WELCH
Castletown, Isle of Man



Deep gratitude to God for Christ Jesus, the Way-shower, and for Mrs. Eddy and her inspired writings impels me to relate some healings that have occurred since my testimony was published in the *Sentinel* of August 17, 1968.

An instantaneous healing I had about two years ago continues to be an inspiration and a spur to me for deeper study of the text-books of Christian Science, the Bible, and *Science and Health* by Mrs. Eddy. While attending a committee meeting at our branch church, I began to feel ill. Before I left home I had felt uncomfortable but decided to support the church activity by being present. As the meeting progressed, my discomfort increased, and it became necessary for me to excuse myself. As I entered the wom-

en's room, I was overcome with extreme nausea and felt I was losing consciousness. With great difficulty I made my way to a telephone in the foyer to ask a Christian Science practitioner to pray for me. Her cheerful voice assured me that all was well and that God was my help. She agreed to pray for me. I had been ready to submit to the nausea, but within a few minutes I regained my composure and sense of well-being and returned to the meeting completely free.

Recently, through my own prayers, I was freed of a painful condition in one of my feet. Through the day I had felt increasing soreness in the large toe. Upon removing my shoe, I found the toe was swollen and discolored. Immediately I turned to my Bible and *Science and Health* to reread the Lesson-Sermon on the subject "Man" in the *Christian Science Quarterly*.

As I pondered these healing truths I thought, "What erroneous concept is behind this problem?" Then I recalled a recent conversation with a neighbor who had been complaining of a painful foot condition she called gout. I saw I had unwittingly accepted this error as true for her, and now I was faced with a difficulty. Suddenly the whole thing seemed completely ludicrous, and I laughed out loud. These words from *Science and Health* occurred to me (p. 463): "A spiritual idea has not a single element of error, and this truth removes properly whatever is offensive." And I realized this was really true for my neighbor as well as for me.

The next morning there was less swelling. Although there was some soreness, I was able to wear my shoe without discomfort. I completed a full day of church committee work and other activities with freedom. Upon retiring I noted the toe was normal, and it has remained so. Subsequent conversations with my neighbor have been pleasant, with no complaints about her foot.

Other healings I have had include those of a persistent stomach ailment, which was never diagnosed, and the removal through mental surgery of a small, painful growth on my chest. Another cause for joy and gratitude is the opportunity I have had to be of greater service in my branch church, following retirement several years ago from a demanding professional position at a university.

The blessings of Primary class instruction and the annual association meeting continue to foster my growth in spiritual

understanding. My sincere appreciation goes to the dedicated workers at The Mother Church, the faithful practitioners and nurses, and all those serving the Cause of Christian Science.

(Miss) GRACE MARIE REINEMAN
Berkeley, California



My mother was a Christian Scientist before I was born, and I attended a Christian Science Sunday School as a child. I rejoice now in that wonderful background; but for a number of years in early adulthood I turned away from this Science. I had entered a profession in which, despite my faithful service and hard work, the pressures proved to be intolerable. The result was a complete nervous and emotional breakdown. I left home and job and went to the Green Mountains to be with relatives. They were very kind but were unable to help me. Nor could the doctor or the psychiatrist whom I consulted help me.

Finally I wrote a Christian Science practitioner who had taught a friend of mine in Sunday School. She agreed to pray for me, and my healing began. It was a very slow healing, for I had many erroneous concepts to unlearn. I sent for the Bible, *Science and Health* by Mrs. Eddy, and the *Christian Science Quarterly* and began to read the Bible Lesson every day. My sufferings, which had tempted me to commit suicide, began to recede with the prayerful treatment, and as the practitioner's wonderful letters, full of the truths of scientific being, arrived every few days to encourage me. My replies to those letters, she told me, showed constant spiritual growth.

When at last I returned to the city, my outlook and life pattern changed completely. I attended and joined a branch Church of Christ, Scientist, participated in its activities, and had Christian Science class instruction. Also I entered a profession in which I was able to help others through social service and education. The years that followed were rich with friendships, and new opportunities opened up a breadth of undreamed-of possibilities. Our beloved Leader writes in *Science and Health* (p. 128): "A knowledge of the Science of being develops the la-

tent abilities and possibilities of man. It extends the atmosphere of thought, giving mortals access to broader and higher realms."

Through many years now Christian Science has been a constant "lamp unto my feet" (Ps. 119:105). I am profoundly grateful for its guidance and supply of every need, including many healings of physical ills and relationship difficulties. The Church of Christ, Scientist, stands as a healing hope for the whole world.

(Miss) LOUISE AVERY CHILD
New York, New York



In 1964 I was preparing to serve as an interpreter at the Christian Science Pavilion in the World's Fair in New York. Before going, I had decided to take a refresher course in Spanish at a teacher's college in Mexico.

On the Friday evening of my arrival in Mexico, another teacher and I toured the local markets and consumed a large quantity of a particular fruit. The next morning my face was so swollen that I was unable to see, and the physical discomfort was extreme. Fear almost overwhelmed me. I was far from home and had gone to a great deal of trouble and expense, which seemed to have been in vain.

Since to my knowledge there were no students of Christian Science in that city, I telephoned a Christian Science practitioner in my home city. The practitioner's calm assurance that all was well, and that he would stand by me with prayer, calmed my thought. When I was led back to my room, I realized that even though I could not see to read, I did know by heart every word of Hymn No. 148 in the *Christian Science Hymnal*, and I decided to sing and ponder it until the healing was accomplished.

On Sunday morning I awoke completely free, attended a local church service, and on Monday morning walked almost a mile to the college. The entire two months of my classes were harmonious and happy, and I was later able to serve in the Pavilion at the fair with joy.

I am deeply grateful for a healing my husband had last year of what appeared to be a ruptured appendix. Friends urged us to consult a physician, but my husband decided to trust in God alone for help. At one point it seemed he would pass on, yet he never wavered in his firm decision. When we found that the practitioner who had helped us at other times was not available, my husband said to me, "We are both class-taught students of Christian Science, and we can work this out together."

Although it took a period of some weeks, the healing came instantaneously one day. He had not eaten solid foods, drinking only orange juice or milk. One afternoon he remarked that he felt hungry. He ate a good dinner and had absolutely no further trouble with pain and other fearful symptoms.

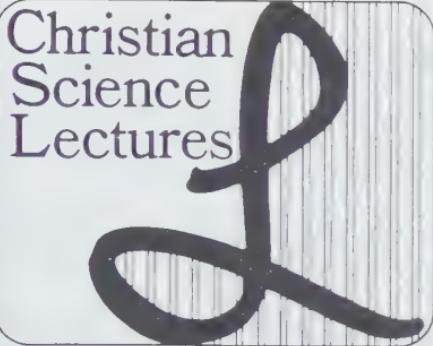
In both of these instances of healing, we had to cast out fear and to *understand* that God never made anything which could poison anyone. Matter has no power over man's real, spiritual being—man, the divine reflection of God.

Our lives have been blessed in countless ways through the study and application of Christian Science as we presently apprehend it, and I am grateful to our Father-Mother God for Christ Jesus, the great Master, and for Mrs. Eddy, our Leader in the path from sense to Soul.

(Mrs.) ELEANOR SHIPMAN MINER
San Diego, California

I wish to verify the healings mentioned in my wife's testimony and to express gratitude for the teachings of Mrs. Eddy. Strict reliance on the healing power of God through the understanding of Christian Science was the basis of our demonstration last year when it seemed that my condition was serious to the point of my passing on.

WINFRED R. MINER



Everyone is cordially invited to these free lectures.

‡Indicates Children's Room available during lectures. Details should be obtained locally.

FEDERAL REPUBLIC OF GERMANY

Reutlingen: Ferdinand-von-Steinbeis-Schule, 40 Karlstr., 4 p.m., Sat., Sept. 9.‡ In German. "With God Done—Well Done" (Schindler)

AUSTRALIA

SOUTH AUSTRALIA—Kent Town: Dequetteville Centre, 18 Dequetteville Ter., 8 p.m., Thurs., Oct. 5.‡ "Reality: Matter or Mind?" (Ferris)

[These lectures are given by members of the Board of Lectureship of The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, U.S.A.]

WESTERN AUSTRALIA—Perth: Church, 264 St. George's Ter., 1:10 p.m., Tues., Oct. 3.‡ "Reality: Matter or Mind?" (Ferris)

UNITED STATES

(Week of August 20 to 26, and some earlier dates)

CALIFORNIA—Crestline: Church, corner of Lake and Fern Dr., 3 p.m., Sat., Aug. 19. "Get Your Life in Balance" (Driver)

San Diego: Patrick Henry High School, outdoor amphitheater, 6702 Wandermere, 7 p.m., Sun., Aug. 20.‡ "Get Your Life in Balance" (Driver)

IOWA—Spirit Lake: Church, 22d St. and S. Hill, 8 p.m., Fri., Aug. 11. "No, You're Not Trapped!" (Leever)

MICHIGAN—East Tawas: Tawas United Methodist Church, 20 E. M-55, 3:30 p.m., Sun., Aug. 20.‡ "The Healing Method of Christian Science" (Spencer)

MISSOURI—St. Louis (Eighth): Church, 6221 Alexander Dr., at Skinker and Wydown, 3 p.m., Sun., Aug. 20.‡ "Quit Conspiring Against Yourself!" (Leever)

NEW JERSEY—Montclair: Penick Auditorium, Montclair Kimberly Academy, 201 Valley Rd., 8:30 p.m., Thurs., Aug. 24.‡ "Quit Conspiring Against Yourself!" (Leever)

OHIO—Dayton (Second): Church, 720 Belmonte Park, North and Grand Ave., 3 p.m., Sun., Aug. 20.‡ "Why Spiritual Healing?" (McClain)

WASHINGTON—Sunnyside: Church, 1405 Federal Way, 2 p.m., Sun., Aug. 13.‡ "Get Your Life in Balance" (Driver)

WHEN YOU'RE TWELVE, YOU CAN JOIN

Mary Baker Eddy, the Discoverer and Founder of Christian Science, deeply appreciated young people—their joy, their promise, their love of good. She provided for membership in The Mother Church for young people twelve and over.

You are warmly invited to apply for membership at any time. Applications are acted on twice each year—in June (applications due May 1) and in November (applications due by October 1).

You may obtain an application from any Christian Science Reading Room, branch church or society, from a member of The Mother Church, or from a Christian Science practitioner listed in *The Christian Science Journal*. Or you may write directly to the Clerk of The Mother Church, The First Church of Christ, Scientist, Christian Science Center, Boston, MA, U.S.A. 02115.

LECTURE NOTICE

Detailed information regarding lectures in the United States and Canada must reach the Journal, Sentinel, and Herald Editorial Department *nine weeks* before the week in which the lecture is to be given in order to ensure publication in the *Sentinel*. Information regarding lectures in other countries must reach the department *ten to fourteen weeks* before the week of the lecture. When lectures are to be radiocast, it should be so stated, station and frequency being included. When Children's Room facilities are to be available, this also should be stated.

The receipt of all information from the United States and Canada is acknowledged by the Editorial Department. If an acknowledgment is not received within two weeks, a duplicate notice should be forwarded.

For lecture announcements to be published in the *Herald*, please refer to information on the back of the Lecture Information forms supplied to branch churches.

TESTIMONY MEETINGS

Meetings at which testimonies of Christian Science healing are given are held in Christian Science churches on Wednesdays. A cordial invitation to attend these meetings, as well as the Sunday services, is extended to all. Information telling where and when these are held is given in the Directory in *The Christian Science Journal*.

CHRISTIAN SCIENCE PRACTITIONERS

Public practitioners of Christian Science are available and ready to assist you by prayer, if you need their help. A worldwide list of those who are professionally engaged full time in this healing work can be found in *The Christian Science Journal*. This periodical is obtainable at any Christian Science Reading Room. For a Reading Room in your locality see telephone directory.

A CONTINUING INVITATION

Members of The Mother Church are invited to write articles and poems for the periodicals. Convincing testimonies of healing are also welcomed from members, as well as from those who have not yet joined The Mother Church.

Specific guidelines may be obtained by writing The Christian Science Publishing Society, Journal, Sentinel, and Herald Editorial Department, One Norway Street, Boston, MA, U.S.A. 02115. Manuscripts should be sent to the same address.

All contributions accepted for publication become the sole property of The Christian Science Publishing Society.

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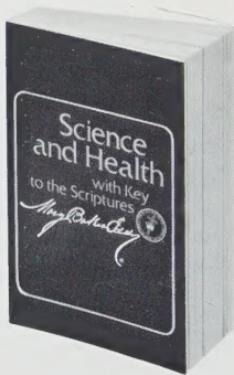
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To join, talk with any member and learn from him the procedure. He'll provide you with an application form and interview you when you're ready. A practitioner or branch church clerk could assist you, also. Or write to:

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Christian Science Center, Boston, MA, U.S.A. 02115



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